

SHERMAN CENTRAL SCHOOL

Wall of Fame

JOHN F. PULINSKI

Inducted 2013



Captain John F. Pulinski grew up in Sherman, NY and graduated from Sherman Central School in 1982. He graduated from Embry-Riddle Aeronautical University in 1990 with a Bachelor of Science degree in Aeronautical Studies with a specialization in aircraft maintenance.

John spent over 30 years of combined service in both the US Air Force and US Army Aviation and is a rated military aviator qualified on CH-47, UH-60 and UH-1 aircraft. He served as a performance rated C-141 Flight Engineer and is Ranger, Airborne, and Air Assault qualified. He worked in aircraft maintenance as a B-52 Assistant Crew Chief and as a Maintenance Officer where he served as Commander for three years.

John's career includes flying missions all over the world in peacetime and in war. During Operation Desert Storm in 1990/91, he flew combat support sorties as part of the coalition to oust Iraqis from Kuwait. In 1995/96, John flew medical evacuation (MEDEVAC) helicopters from Haiti as part of the United Nations mission which included medical coverage for President Aristide and his staff. John deployed three times in support of Operations Enduring Freedom/Iraqi Freedom and during his last deployment to Afghanistan, he flew 70 missions with over 400 combat hours as helicopter pilot.

John retired from the military in 2011 and is now a certified personal trainer/fitness instructor. He is the son of Agnes and Felix Pulinski and lives with his wife, Caroline, and daughter, Alexandra.