

# SHERMAN CENTRAL SCHOOL

## Wall of Fame

SALLY J. CRANDALL VAVALA, PH.D.

Inducted 2010



After graduating from Sherman Central School in 1968, Sally went to the State University of New York College at Oswego and received her Bachelor of Arts in Elementary Education. In 1974 she earned her Master of Science at The Pennsylvania State University, followed in 1982 by her Doctor of Philosophy in Human Development and Family Studies (HDFS). After then moving to the St. Marys, Pennsylvania area, she started to teach part-time at the Penn State's DuBois Campus. She also spent a year observing and evaluating Head Start teachers in northwestern Pennsylvania. She accepted a position as an Assistant Professor and Program Coordinator for HDFS at Penn State DuBois in 1993. She has been active in student advising and has served as advisor of the student HDFS Club since that time. She teaches classes in Lifespan Individual and Family Development, Human Service Interventions, and manages both the associate and baccalaureate degree internships in HDFS. Her life has always been guided by her dad and mom, Clyde and Lois Crandall, who told her she could be whatever she wanted to be. Her husband Paul and her children Peter, Mary, and Katie provide her with the strength and support needed to succeed in all of her endeavors. She attributes what she learned from excellent teachers here at Sherman Central School, and from her experiences in band, choir, cheerleading, and piano lessons to having prepared her very well for the rest of her life.